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TWEED VALLEY

Carved out by the Tweed and Oxley Rivers as they meander around the central volcanic plug of Mt Warning, the Tweed Valley has become home to a host of city folk opting to escape the rat race.

Blending easily with the old families of the area, they've imbued the Valley with an eclectic mix of cultures, arts and philosophies. Dine with the Hare Krishna community at a Sunday banquet. Be inspired by art workshops at a hand-built Renaissance-style castle. Shop for farm fresh organic produce at road-side stalls. Hunt for antique treasures and regional crafts in a riverside village. Join in with the locals at a New Age festival or farmers' market.

The natural wonders of the region take a starring role with plenty of opportunities to bushwalk in the rainforests, throw a fishing into the river from a deserted bank or take that early morning hike to the summit of Mt Warning.

TWEED COAST

Stretching from Fingal Head at the southern mouth of the Tweed River to the untamed beauty of Wooyung Beach, the Tweed Coast offers a choice of quiet seaside villages and sophisticated resorts.

Kingscliff has emerged as a popular dining destination with a string of restaurants and cafes lining the beachfront esplanade. It's all within easy access of the new multi-million dollar Salt Village and Casuarina Beach developments where you can enjoy the pampering style of Peppers Resort and Spa, Mantra on Salt Beach, Santai Resort and Casuarina Beach Resort.

Those who love the Tweed's low-key approach have their favourite beachside cottages, caravan parks and motels at Fingal Head, Hastings Point, Cabarita, Pottsville and Wooyung, while the coastal hills hide cosy B&Bs and retreats nestled amidst tea plantations and market gardens.

TWEED HEADS

Adjoining Queensland's world-famous Gold Coast, Tweed Heads provides a less crowded alternative to the glitz and glamour.

Safe, patrolled swimming beaches are lined with first class resort hotels and apartment accommodation, and a vibrant retail precinct offers boutique shopping, sun-drenched cafes and plenty of family entertainment.

There's even more entertainment in store at clubs like Twin Towns, Banora Point and Terranora where the gig guide features major international stars and Australian-grown chart-toppers.

The Tweed River estuary and harbour is another major drawcard. Here you can board cruises along the waterways through the canefields to historic river villages or shop for fresh seafood at the local co-ops and enjoy a picnic platter by the banks.

FOR MORE INFORMATION:

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