



7th August 2008
For Immediate Release

SUSTAINABLE GARDEN & LIFESTYLE EXPO COMING TO BRIGHT

As part of the Bright Spring Festival, the 4th **Sustainable Garden and Lifestyle Expo** will be held on 25th October, 2008 in Bright, NE Victoria. Each year is getting bigger and this year has some fantastic new initiatives. Learn how to reduce your impact on the local environment, vital to the sustainability of our planet.

The four key themes for reducing our impacts are:

- Water conservation - including harvesting, storage, recycling and reduction in need
- Reduction of green house emissions - via good design and alternative power sources
- Reducing our waste production - by re-using, reducing and recycling our waste
- Improving our landscapes - via sustainable gardening i.e. use of compost, mulching, worm farms, wise water use and planting water wise indigenous (local) plants

On display at the Expo will be solar systems, a sustainable garden and home, grey water systems, worm farms and an indigenous tree nursery. Local advisors will also be on hand, including Upper Ovens Landcare and North East Water to share their latest tips. There will be program of guest speakers who will present on worm farms, composting and a special guest speaker Lyn Clark, President Cittaslow Goolwa SA, the first Chittaslow town in Australia.

Cittaslow (*pronounced "cheetaslow"*) is a worldwide network of over 100 towns and cities that have adopted the same set of goals and principles to enhance their quality of life.

Cittaslow:

- Encourages and celebrates diversity rather than standardisation.
- Supports and encourages local culture and traditions.
- Works for a more sustainable environment.
- Raises awareness and appreciation of local produce and local businesses.
- Promotes healthy eating and healthy living.
- Encourages community involvement, collaboration between businesses, the community and council.

Lyn Clark will also part of a panel of speakers at a workshop being arranged for the evening of 24th October to provide further information about Cittaslow and the opportunity for the township of Bright. Apart from Goolwa, Katoomba in Sydney's Blue Mountains is the only other Cittaslow town in Australia.

For further information:

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Check out the full program at www.brightspringfestival.com.au

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